PHIL THOMAS
TAEKWONDO

Grading application



PHILTHOMAS 4" to 5" Dan Black Belt								
ΛΞΚW <mark>ONDO</mark> Dat	te of Gradin	g			ר וווֹ וֹי		1 11	
					J ∥ !		BLACK BELT	
							ADEMY	
Name					J⊩			
Instructor					Age			
Height	KG	Weight		СМ	Gende	r N	M / F	
Please state a	ny medical	condition th	nat could	affect y	our perf	orman	ce	
							1	
I hereby subm	it this annli	cation for c	rading a	nd corti	fy that I	am fit	to take part	
Thereby Subin	iit tiiis appii	Cation 101 g	grauing a	nu ceru	iy illai i	ani iii	to take part.	
Signature				Р	ARENT OR G	GUARDIAN	N IF UNDER 18	
Free Sparring	10 rounds	spar appr	opriately for	height, we	ight, age &	gender	etc	
1 step sparrir	ng stude	ents own (with	take downs)					
All 3rd Dan p	atterns							
Yong - Gae							0'/	
UI - Ji							5 /	
Moon - Moo	70.					14		
Examiners ch	noice patter	n x 2			100			
Hand break (i	including elbow) student cho	oses techn	ique, exa	miner cho	oses bo	pard	
Leg break		student choo	oses techni	que, exa	miner cho	oses bo	pard	
Theory & Ter	minology	1 2 3	4 5	Each ques	stion is wor	th 2 poin	ts	
EXAMINERS COMM	MENTS							