

# B.B.T.A BLACK BELT GRADING ASSESSMENT

Name .....

School ..... age .....

Signed .....

Grading date ..... Phone .....



Etiquette / Presentation / attitude / discipline		
Examiners choice of line work		
Examiners choice of Patterns		
Demonstration of students choice of hand techniques on focus pads <b>Demonstrating power and speed</b>		
Students choice of 1 step sparring		
Demonstration of student choice kicks on pads <b>Displaying focus / power / striking tool</b>		
1 Step sparring 1 – 7		
Free sparring with <b>FULL SAFETY EQUIPMENT</b>		
Theory		Breaking: student choice technique examiners choice of breaking board Juniors demonstrate on pads
<b>Areas circled require attention</b> Stances / focus / Balance / correct striking tools / etiquette  Power / Theory / discipline / concentration / <u><b>Assessors comments and recommendations</b></u>		<div>Total Score</div>



By signing this grading application, you are certifying that you are fit to partake in the grading exam and understand that there is an element of risk due to the nature of combat sports. In applying to enter this grading you are confirming that you accept this risk and you hold yourself solely responsible for any injury that may be sustained.